



## Fitness Center Rules and Regulations

The 101 North Wacker Fitness Center, Fit 101, is located on the Lower Level of the building and is equipped with basic cardiovascular machines and strength stations. There are men's and women's locker rooms with shower, lockers and towels.

1. The Fitness Center is open 24 hours a day, 7 days a week for us by all Tenants of the building and their employees. Please note: heat and air conditioning is provided from 8:00 a.m. to 6:00 p.m. Monday through Friday and 8:00 a.m. to 1:00 pm on Saturdays, except holidays.
2. The Fitness center is for the use of building employees **ONLY**. Friends, relatives and visitors are not permitted to use the Fitness Center. Should a member's employment at 101 North Wacker cease for any reason, this contract will terminate as of receipt of notice by Landlord.
3. All persons using exercise equipment and showers agree to do so at their own risk and agree to operate all equipment as intended and in accordance with the manufacturers' instructions.
4. Smoking is not permitted in the Fitness Center.
5. The lockers are intended to be used by Fitness Center members while they are present within the Fitness Center. Engineering staff is instructed to open all lockers after 11:00 p.m. every night and place any contents into the Lost and Found; excluding belongings to individuals currently in the Fitness Center. Landlord shall not be liable for the disappearance, loss, theft or damage to any Member's personal property.
6. The TVs are set at pre-determined channels and volumes. These are not to be adjusted for any reason.
7. No outside personal trainers, other than those who are with Redefined Wellness Chicago, are allowed in the Fitness Center.
8. Glass containers and alcoholic beverages are not permitted in the Fitness Center. All radios/iPods/mp3 players must be used with headphones.
9. Landlord reserves the right to add, change or delete any Rule or Regulation herein contained and to change the method of operation to ensure maximum enjoyment of the Fitness Center.
10. Landlord reserves the right to terminate or suspend, for such period of time as Landlord shall deem appropriate, any member privileges for failure to comply with any provision of the Membership Agreement or for any other actions that are in any way detrimental to the best interest of the operations of the Fitness Center or its use by other members. Membership may be terminated orally with subsequent written notification to the last known employer of Member. Upon notification of termination or suspension, Member's access card will be de-activated.

The Fitness Center is for the enjoyment of 101 North Wacker tenants and their employees. Please assist us in maintaining these facilities' cleanliness by disposing of all garbage in the receptacles provided. Please report any problems to the Office of the Building at 312-525-8100.

